

Abington Heights Middle School

January, 2012

Dear Parents/Guardians:

We would like to take this opportunity to introduce the second session of our After-School Activities program for the 2011-2012 school year. Our after school activities during the first session was a huge success. Our student enrollment reached an all time high of 440 students with 34 program offerings and an overall excitement of student interest. Our after school program is reaching new heights!! Our winter session is now offering 40 different clubs and activities.

We have continued to expand and diversify our after school program so hopefully every student will have the opportunity to participate. Students participating in an after school program is a major component to fulfilling their middle school experience. It gives students exploratory opportunities to tap into different interests. In addition it provides many students with new experiences to meet additional friends and teachers.

**** An after-school activities program also can provide students with improved self-esteem, motivation, and socialization skills. Our programs are designed to be fun, interactive, and educational. ****

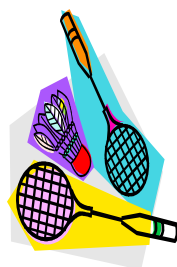
Please take some time to review some of the available activities and clubs and discuss them with your child before signing up for this exciting experience. The after-school activities run from January 24 - March 2 with transportation available to all participants. The cost of this 6 week experience is \$35.00. If you are interested, please indicate the activity or activities, fill out the permission form, enclose cash or a check payable to Abington Heights Middle School.

We are looking forward to having your child be part of our tremendous program.

Sincerely,

Michael S. Elia
Principal

Eduardo Antonetti
Assistant Principal



AFTER SCHOOL ACTIVITIES PROGRAM

American Sign Language – Grades 5,6,7,8: A beginner level class in sign language. Learn to talk with your hands instead of your voice. “See” stories and participate in fun sign language activities. **(Class is limited to 12 students)**.

Board Games – Grades 5,6,7,8: Gather your friends together and enjoy playing “board games”.

Computer Games – Grades 5,6,7,8: Learn while playing a variety of educational computer games! Discover free game sites on the internet!

Cooking/Baking – Grades 5,6,7,8: Students will prepare and enjoy different recipes. **(Class is limited to 20 students)**.

Debate – Grades 7 & 8: Join one of our teachers who will help you to learn to think and speak “on your feet”!

Floor Hockey – Grades 5,6,7,8: Improve your hockey skills while having fun with friends. Hurry! This activity fills up fast!

Glee Do Wop – Grades 5,6,7,8: This activity is for students who enjoy singing and want to sing *a capella* style with other students.

Homework Heroes – Grades 5,6,7,8: Students will have the opportunity to work on homework and get individualized help from our teachers.

Jewelry Making I & II – Grades 5 & 6: This club will introduce you to the fun and creative art of jewelry making. Meet new people and learn how to make some great pieces of personalized jewelry such as beaded bracelets, necklaces, earrings and more! For the experienced jewelry maker! Take your skills one step further. If you love to create and think outside of the box...or bracelet! Be creative and share your jewelry making ideas! **Space is limited to 15 students.**

Juggling Genius – Grades 5,6,7,8: Students work with our own resident expert to learn juggling skills.

Lego Club – Grades 5,6,7,8: This is an activity for Lego enthusiasts. Learn from each others’ experiences with Logo creations. See how creative you can become! **Space is limited to 18 students.**

Lego League Robotics – Grades 6,7,8: Students will be exploring building and programming robots.

MATH CLINICS

Math Doctor Is In – Grades 5,6: Do you need a prescription for your math anxieties? How about strategies for solving BIG IDEAS and EVERYDAY MATH problems? Schedule an office visit with the Math Doctor.

Math Clinic – Grade 7:

Algebrilliance – Grade 8: Sharpen your Algebra skills. Bring your B’s to A’s with one-on-one assistance from an Algebra expert!

Pre-Al Maniacs – Grade 8: Sharpen your Pre-Algebra skills. One-on-one assistance from an expert!

Mural Club – Grades 5,6,7,8: Students will work together to design and paint a mural. **(Space is limited to 10 students)**

Mystery Science Theater – Grades 5,6,7,8: Do you really like **old, bad science** movies? Then, this club is for you.

Net Express – Grades 5,6,7,8: Students will be introduced to and practice different indoor net games.

Newspaper Club – Grades 5,6,7,8: The after-school newspaper club writes at least one publication per session. You could take part by being a writer, editor, layout designer and/or photographer. “What’s New in White and Blue” requires a lot of talent, effort, and your great ideas. Hope to see you there!

Open Gym Basketball - Grades 5,6,7,8: Participate in fast action pick up basketball games that are full of fun and a great way to meet new friends.

Outdoor Activities – Grades 5,6,7,8: This activity would include sledding and other outdoor activities.

Ping Pong – Grades 5,6,7,8: Are you as good as Forest Gump? Whether you are a beginning or an advanced player, this activity is for you. Tournaments will be occurring!

Rock Band – Grades 5,6,7,8: Open for drum, bass, guitar, keyboard, singers, or anyone who just wants to rock. Special guest appearances.

Rock Climbing – Grades 5,6,7,8: Students work with our own resident expert to learn climbing techniques in the Middle School gym.

Stock Market Game – Grades 5,6,7,8: Participants will learn about the stock market and will trade common stocks and mutual funds in a simulated game between students. Learning the stock market and how it operates is a great experience for all students participating. See if you can come out on top!!!

TV Studio – Grades 5,6,7,8: Are you interested in TV, Movies or Music? Students interested in the future of our school are invited to join us in the new Visual Communicator Studio to prepare and present morning announcements, special programs and more! Be a part of the “behind the scenes” excitement of our newest Middle School program! Students must commit to two days per week.

Tie-Dye Club – Grades 5,6,7,8: Bring anything you want to die dye to this after school activity. Students will tie dye any item of their choice (tee shirts, sweat shirts, pillow cases, socks, and more). Students must provide the item they want to tie dye.

Volunteer Club – Grades 5,6,7,8: Find a need in your community. For example, Senior Citizen housing, humane society, park services. Design a plan on how you could volunteer your efforts with the help of the Volunteer Club.

Walking Healthy Club – Grades 5,6,7,8: Talk to your friends while walking yourself healthy. Bring your winter jacket to walk outdoors (weather permitting).

Weightlifting - Grades 6,7,8: “Build Some Muscles” – learn the safe way to build strength, exercise your muscles, have fun, and use the appropriate form.

Wii Games Grades 5,6,7,8: Join Wii Games and get to play on the big screen! We will be playing games such as Dance Dance Revolution, Just Dance, Wii Party, and any other games you decide to play!.

XBOX 360 – Grades 5,6,7,8: Are you ready for the most exciting and intense after school activity Abington Heights Middle School has ever seen? The XBOX 360 Club is finally here! See how you match up against some of the middle school’s elite gamers on the XBOX 360. There will be tournaments and daily contests with today’s hottest and most current games. Bring a friend and join today!

Youth Group – Grades 5,6,7,8: Students coming together to establish friendships, discuss biblical passages, engage in games and fun activities, and organize a community service project.

If you would be interested in participating in these after school activities, please fill in the information on the bottom of this form and return it to your homeroom teacher tomorrow.\

Name _____ Grade _____ Team _____

Grade 5

- ____ American Sign Language (Wed.)
- ____ Board Games (Thurs.)
- ____ Computer Games (Tues.)
- ____ Cooking/Baking (Tues.)
- ____ Floor Hockey (Tues.)
- ____ Glee Do Wop (Thurs.)
- ____ Homework Heroes (Tues., Wed., Thurs.)
- ____ Jewelry Making I & II (Tues.)
- ____ Juggling Genius (Wed., Thurs.)
- ____ Lego Club (Tues.)
- ____ Lego League Robotics (Wed.)
- ____ Math Doctor Is In (Tues.)
- ____ Mural Club – Art (Tues.)
- ____ Mystery Science Theater (Thurs.)
- ____ Net Express (Thurs.)
- ____ Newspaper Club (Tues.)
- ____ Open Gym (Wed.)
- ____ Outdoor Activities (Wed.)
- ____ Ping Pong (Tues., Wed., Thurs.) **Pick One Day Only**
- ____ Rock Band (Tues.)
- ____ Rock Climbing (Tues., Thurs) **Pick One Day Only**
- ____ Stock Market Game (Thurs.)
- ____ Tie Dye Club (Wed.)
- ____ TV Studio (Tues., Wed., Thurs.)
- ____ Volunteer Club (Tues.)
- ____ Walking Healthy Club (Wed., Thurs.)
- ____ Wii Games (Tues.)
- ____ X-Box (Thurs.)

Grade 6

- ____ American Sign Language (Wed.)
- ____ Board Games (Thurs.)
- ____ Computer Games (Tues.)
- ____ Cooking/Baking (Tues.)
- ____ Floor Hockey (Tues.)
- ____ Glee Do Wop (Thurs.)
- ____ Homework Heroes (Tues., Wed., Thurs.)
- ____ Jewelry Making I & II (Tues.)
- ____ Juggling (Wed., Thurs.)
- ____ Lego Club (Tues.)
- ____ Lego League Robotics (Wed.)
- ____ Math Doctor Is In (Thurs.)
- ____ Mural Club – Art (Tues.)
- ____ Mystery Science Theater (Thurs.)
- ____ Net Express (Thurs.)
- ____ Newspaper Club (Tues.)
- ____ Open Gym (Wed.)
- ____ Outdoor Activities (Wed.)
- ____ Ping Pong (Tues., Wed., Thurs.) **(Pick One Day Only)**
- ____ Rock Band (Tues.)
- ____ Rock Climbing (Tues., Thurs.) **Pick One Day Only**
- ____ Stock Market Game (Thurs.)
- ____ TV Studio (Tues., Wed., Thurs.)
- ____ Tie Dye Club (Wed.)
- ____ Volunteer Club (Tues.)
- ____ Walking Healthy Club (Wed., Thurs.)
- ____ Wii Games (Tues.)
- ____ Weightlifting Club (Tues., Thurs.)
- ____ X-Box (Thurs.)

I _____, give my permission for _____ to participate in the AHMS After-School Activities Program. I understand that I must sign in at the office when picking up my child should they not ride the late Bus. Please return this form to your homeroom teacher by tomorrow with a check for \$35.00 made payable Abington Heights Middle School. **Please understand that this schedule is tentative and will be modified depending on student interest.**

If you would be interested in participating in these after school activities, please fill in the information on the bottom of this form and return it to your homeroom teacher tomorrow.

Name _____ Grade _____ Team _____

Grade 7

Grade 8

- _____ American Sign Language (Wed.)
- _____ Board Games (Thurs.)
- _____ Computer Games (Tues.)
- _____ Cooking/Baking (Tues.)
- _____ Debate (Tues.)
- _____ Floor Hockey (Tues.)
- _____ Glee Do Wop (Thurs.)
- _____ Homework Heroes (Tues., Wed., Thurs.)
- _____ Juggling (Wed.,Thurs.)
- _____ Lego League Robotics (Wed.)
- _____ Math Clinic (Wed.)
- _____ Mural Club - Art (Tues.)
- _____ Mystery Science Theater (Thurs.)
- _____ Net Express (Thurs.)
- _____ Newspaper Club (Tues.)
- _____ Open Gym (Wed.)
- _____ Outdoor Activities (Wed.)
- _____ Ping Pong (Tues., Wed., Thurs.) **Pick One Day Only**
- _____ Rock Band (Tues.)
- _____ Rock Climbing (Tues., Thurs) **Pick One Day Only**
- _____ Stock Market Game (Thurs.)
- _____ TV Studio (Tues., Wed., Thurs.)
- _____ Tie Dye Club (Wed.)
- _____ Volunteer Club (Tues.)
- _____ Walking Healthy Club (Wed., Thurs.)
- _____ Weightlifting (Tues., Thurs.)
- _____ Wii Games (Tues.)
- _____ X-Box-360 (Thurs.)

- _____ Algebrilliance (Wed.)
- _____ American Sign Language (Wed.)
- _____ Board Games (Thurs.)
- _____ Computer Games (Tues.)
- _____ Cooking/Baking (Tues.)
- _____ Debate (Tues.)
- _____ Floor Hockey (Tues.)
- _____ Glee Do Wop (Thurs.)
- _____ Homework Heroes (Tues., Wed., Thurs.)
- _____ Juggling (Wed., Thurs.)
- _____ Lego League Robotics (Wed.)
- _____ Mural Club – Art (Tues.)
- _____ Mystery Science Theater (Thurs.)
- _____ Net Express (Thurs.)
- _____ Newspaper Club (Tues.)
- _____ Open Gym (Wed.)
- _____ Outdoor Activities (Wed.)
- _____ Ping Pong (Tues., Wed., Thurs.) **Pick One Day Only**
- _____ Pre-Al Maniacs (Thurs.)
- _____ Rock Band (Tues.)
- _____ Rock Climbing (Tues., Thurs) **Pick One Day Only**
- _____ Stock Market Game (Thurs.)
- _____ TV Studio (Tues., Wed., Thurs.)
- _____ Tie Dye Club (Wed.)
- _____ Volunteer Club (Tues.)
- _____ Walking Healthy Club (Wed., Thurs.)
- _____ Weightlifting (Tues., Thurs.)
- _____ Wii Games (Tues.)
- _____ X-Box-360 (Thurs.)

I _____, give my permission for _____ to participate in the AHMS After-School Activities Program. I understand that I must sign in at the office when picking up my child should they not ride the late Bus. Please return this form to your homeroom teacher by tomorrow with a check for \$35.00 made payable Abington Heights Middle School. **Please understand that this schedule is tentative and will be modified depending on student interest.**

Bus Transportation for After-School Activities

Bus A

Bus 34 (John Buranich, Jr.)

MIDDLE SCHOOL	3:34
RED BARN VILLAGE	3:36
NR RECREATION BLDG.	3:38
NR BLVD & SUNSET TRAILER PARK	3:58
NR BLVD & MAIN STREET	4:04
DOTTI LOU MARKET	4:10

Bus C

Bus 24 (Rohrer Bus)

MIDDLE SCHOOL	3:40
HIGH SCHOOL	3:50
GRAVEL POND & NORTHERN SPY	3:52
LAUREL WOOD APTS	3:52
CSE CROSSWALK	3:55
C.S. METHODIST CHURCH	3:57
SHADY LANE & LELAND	4:00
SHADY LANE & EDGEWOOD	4:05
SHADY LANE & BAILEY ST.	4:10
CHINCHILLA METH. CHURCH	4:15
SOUTH ABINGTON ELEM SCHOOL	4:20

Bus E

Bus 10 (Rohrer Bus)

MIDDLE SCHOOL	3:45
SO ABINGTON RD & SUMNER	3:52
SO ABINGTON & MAPLE	3:53
FAIRVIEW & EDELLA	3:58
EDELLA & SIMRELL	4:00
EDELLA & VENARD	4:01
VENARD & BAPTIST BIBLE	4:02

Bus B

Bus 18 (John Buranich, Jr.)

MIDDLE SCHOOL	3:40
GROVE & SCHOOL ST.	3:48
FAIRVIEW & CLARK	3:50
FAIRVIEW & ABBEY RIDGE	3:52
SO ABINGTON RD & CVS	3:58

Bus D

Bus 29 (John Buranich, Jr.)

MIDDLE SCHOOL	3:37
DON'S MARKET	3:45
OLP	3:53
WAVERLY COMM. HOUSE	3:57
WAVERLY & WHITE BIRCH	4:00
AGWAY – RT 6	4:03
LEAS INSURANCE, STATE ST.	4:06

